

Manifestation Mini Course

This short report is a "user manual" for the laws of the universe. In it you will learn about the "three companions" that will give you a boost and the four rules for effective manifestation.

Believe what you want, but know that you are using this powerful "technology" already! Whether through prayer, visualization, daydreaming, art, goal setting or any other way of channeling your state of mind toward a desired outcome you are always creating outcomes. I like to call this process, especially when undertaken consciously, manifestation; so that is how it is referred to in this article.

Note: Some people reading today will have never heard of this, while to others its "old hat." If you are the former - enjoy! If you are the latter - remember the true path to mastery comes from repetition. So read again *as if for the first time!*

Your state of mind determines Your experience or You become/get what you think about most.

We all know people who are no fun to be around. Why is it that these people are such a downer? Because they focus more on what is wrong, bad, and unhappy in their life rather than what is right, good and happy. And as the mind takes its orders from you and then directs the systems of the body. They begin to feel bad which becomes more negative thought.... See? Downward spiral.

The opposite is true as well, luckily for us! So surround yourself with positive people, focus on what is going well, look for good in everyone. I know this can be a challenge, yet believe me its worth it! Because it creates an upward spiral where each positive thing amplifies the one that came before, soon you are almost always in a good space/mood. Guess what happens then? People like you *automatically!*

Get Clear about what you want!

You are always manifesting. It is universal law that like attracts like. So as you go about thinking, you are creating "energetic" links between you and certain outcomes. Therefore to get what you **really** want you must be crystal clear! Remember the scene in Ghostbusters where our heroes are trying not to think of anything. And the next thing they see is a giant Stay-Puft Marshmallow Man? Careful what you "wish" for! But when you are clear you will succeed.

The greatest personal good comes from selfless actions.
Or "Do unto others as you would have them to unto you."
Or "Give what you would most like to have."

For an all round great life and to achieve the best results when seeking a certain outcome through manifestation, life is best lived with the following as your constant companions.

Companion 1.

Honesty: The honest person radiates a clarity and strength that is like the freshness in the air on a clear frosty morning. It is a joy to be around and a comfort to all who encounter the honest person. Plus as an added benefit: You can't con an honest person!

Companion 2.

Purity: The person who strives constantly for purity in thought, word and deed summons respect from all who come near. There are those who are so focused on doing something that is good for them, good for their community and good for the world that they literally glow with a pure warmth. This purity comes from doing what is right. So if you aren't doing things that are right for you...

Companion 3.

Selflessness: The person who displays selflessness generates a "holy" energy by doing what is truly good for all without thinking about "what's in it for me". If you don't know someone who is truly selfless then please seek one out. They are all around us and just being with one of these wonderful human beings is uplifting. Most volunteer for all kinds of things, soup kitchens, animal shelters, park clean ups. These people "shine" with an inner light that comes from doing things for people that they may never meet, with no other goal than to give without thought of compensation.

Before you seek to manifest anything in your life, be sure that you are walking with the "Three Companions on a regular, if not everyday basis.

Why Bother?

Because when you are living honestly, selflessly and with purity you banish fear, destroy mistrust and create peace where ever you go. Not only in your own life, but in your community and through the ripples of your actions, the whole world.

Principals of manifestation.

Rule 1.

Thought drives creation.

So when you concentrate on a thought you are giving it energy. When you "think" about something already being real, you are working with the universe.

Remember, there is no room for doubt. Doubt instantly weakens the result or nullifies it completely. This is why so many spiritual traditions emphasize faith. Here is an example of what I am getting at. When you love someone, there is no doubt in your mind, and your love is experienced instantly. This is what you strive for when using manifestation, that instant "hit" of thought driving creation.

Rule 2.

Catch and Release

You are clear about what you want, you have created it in your thoughts. Now to ensure success, release the thought completely. When you continue to labor you will only hold back the power and weaken the effect. A clear powerful thought needs only a split second to have its effect, then release it. It is done. When manifesting, see the thought and hold the thought as **already complete!** Do not allow yourself to get involved in the details again; it is done, completed, finished. Hold that thought and know it to be true. Expect it to come into being and have utter faith.

Rule 3.

Powerful Desire

Desire is the fuel that determines intensity of the thought you are projecting. If desire is missing, there is no "fire in the belly", no passion. You will never get over the mountain if you merely, would kind of maybe someday like to get over. You have to have a burning desire! Really feel the intensity of the thought! Will power cannot do the job when desire is missing. Having no desire stops us from being successful in any part of our lives. This step is often overlooked; it is most important that desire is stimulated. What ever you do you have to want it otherwise there is no "energy" in it and you will get either nothing at all or half-baked results.

Rule 4.

Use Your Will power can be considered the highway that you drive the thought along on our way to our outcome. Will power coupled with desire, which is the fuel, will give you powerful results. Or you can compare will to a channel, the thought is the water and the desire is the tide that pushes the water to its destination.

In order to succeed you need to harness all of these powerful concepts and have them all pull together toward a common goal. In the case of finding a perfect life partner I have “done most of the work for you” by writing specific, step-by-step instructions, and a “fill in the blanks” template for achieving a certain goal. Finding you a perfect life partner. So if you have the desire, willpower and honesty to really go for it and finally have the relationship you deserve, you can grab the whole system right here: www.FindYourPerfectLifePartner.com

Thanks for checking out this “mini-course” and I look forward to hearing your success story when you have your Perfect Life Partner by your side!

Your Friend,

Sasha

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